

# KANSAS EXTENSION ASSOCIATION OF FAMILY AND CONSUMER SCIENCES



National Extension Association  
of Family & Consumer Sciences

Kansas Affiliate

Spring 2019

## 2019 KEAFCS Officers

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### Southeast Area Counselor:

Becky Reid, Cowley County

### Southwest Area Counselor:

Aimee Baker, Wichita County

## WELCOME from your President

Susan Johnson , 2019 KEAFCS President

I would guess that all of you agree that this has been one long and dreary winter. The signs of spring are finally surrounding us. Hope you're loving it as much as I am!

We started the new KEAFCS year off with *ACTION* by voting to combine our Constitution, Bylaws and Policies into Bylaws and Policies only. The newly revised KEAFCS Bylaws and Policies can be viewed on our KEAFCS website.

I am looking forward to representing our association at the JCEP Public Issues Leadership Development Conference (PILD) next week in Arlington, VA. This year's conference, "Enhancing Leadership Capacity for Emerging Issues" should be a valuable professional development experience that I will be able to reflect on and share with you in the upcoming months. Ten representatives from our Kansas associations and the State Extension Advisory Council will be attending. I was fortunate to be one of the twenty to receive the \$300 NEAFCS 1st Timer's Scholarships to the PILD Conference, which will benefit our KEAFCS treasury.

View this year's NEAFCS IMPACT 2019 statements on <https://neafcs.memberclicks.net/impact-statements> that will be used by Extension employees and volunteers at the PILD Conference. These education pieces will be shared in state delegation visits to their elected officials on Capitol Hill. Additionally, these impact statements are shared with USDA NIFA Administration and FCS Program Leaders and Joint Council of Extension Professionals leaders and representatives.

Thanks to Erin Tynon, Vice President of Public Affairs, and her committee for sending in our impacts, Kansas was featured in the following Impact Statements: Community Health and Wellness; Diabetes Prevention and Management; Financial Management; Food and Nutrition; Food Safety; and Protecting Our Resources –Family Life. **Now, isn't it tempting to go on the website to see Kansas highlights (and others too)???**

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## Welcome from your President

(continued from page 1)

I want to make sure you are aware that as a KEAFCS member, NEAFCS regularly hosts professional development **WEBINARS**. The objective is to provide members with one presentation each month, presented by NEAFCS members who are experts in their particular FCS subject area. The webinars are presented "live" or you can view the recorded webinars that are posted on the [Webinar Archives](#) page, along with any handouts that were provided.

To continue to enhance your professional development and friendships this year, I hope you have marked **September 30 - October 3, 2019** on your calendar for the 2019 NEAFCS Annual Session at Hershey Lodge in Hershey, PA, the sweetest place on earth, to *Nurture the Richness of Lifelong Learning*. The Annual Session will increase your ability to access and utilize relevant, research and evidence-based resources to address current and emerging issues; showcase excellence in innovative programs; and provide networking opportunities that nourish new partnerships on multi-state and national issues.

Registration will open in May. For more information and to book your hotel room at the Hershey Lodge, visit <https://www.neafcs.org/2019-annual-session>.

Please let Rhonda Gordon, President Elect, and/or your area counselor know if you are planning to attend. Rhonda will be arranging for our State's Night Out so she'll need to know who will be attending. She can also assist with linking you up with a potential roommate, if needed.

And...don't forget, if this will be your first time attending the Annual Session, there is a First Timer's Stipend which you can apply for.

All of the KEAFCS Association **SCHOLARSHIPS & AWARDS** are due **May 15**, which includes the Elinor Anderson Scholarship,

KEAFCS State Scholarship, the Friend of FCS Award, and the **First Timer's Stipend (a stipend for attendance at the NEAFCS Annual Session)**. For more information, contact Nancy Nelson, [nnelson@ksu.edu](mailto:nnelson@ksu.edu), in Meadowlark District, Chair of the Scholarship/Friend of Family and Consumer Sciences/First Timers Stipend Committee or [https://www.ksre.k-state.edu/agent\\_association/family-consumer-sciences/awards/state-only-awards/index.html](https://www.ksre.k-state.edu/agent_association/family-consumer-sciences/awards/state-only-awards/index.html).

As quoted by Eleanor Roosevelt, "Yesterday is history, tomorrow is a mystery and today is a gift, that is why it is called the present." Enjoy your gift, each and every day!!!

Susan Johnson, 2019 KEAFCS President



**NEAFCS Annual Session 2019**

**September 30 - October 3**

**HERSHEY LODGE • HERSHEY, PA**

## **Treasurer's Report**

The current balance as of April 2, 2019 in the KEAFCS checking account is \$12,727.22. Recent expenses have included paying membership dues to the Kansas Joint Council of Extension Professionals and for Rhonda Gordon to represent KEAFCS at JCEP. Additionally, we currently have 62 KEAFCS members.

**Chelsea Richmond**  
**District Extension Agent, Nutrition,**  
**Food Safety, and Health**

## **Parliamentarian/Past President**

It is that time of year when we are looking for people who are ready to take on a leadership position. The positions that are elected in odd numbered years include:

- \* President – Elect
- \* Vice President for Awards and Recognition
- \* Vice President for Professional Development
- \* Secretary

The area counselors from the NW and NE areas will be selected by the respective area membership.

If you want to know more about what the various officer responsibilities are, please review the constitution and bylaws on the KEAFCS website. Feel free to reach out to me or to your area counselor if you are interested in serving as an officer. I encourage you to consider a leadership role in our professional association. I know I have had a wonderful experience and have had the chance to meet many agents across the Kansas and the country. Please consider being an officer!

Submitted by Ethel Schneweis

## **Vice-President for Awards and Recognition**

Thank you to those the submitted for State awards this winter. The winning submissions were sent on to be judged in the Central Region. There are a few more opportunities for you as a KEAFCS member:

Elinor Anderson Scholarship – used for courses taken at KSU, graduate study, workshops, short online classes – for more information review the KEAFCS policies.

KEAFCS Scholarship – used for professional workshops, trainings and college credit – for more information review the KEAFCS policies.

First Timer's Stipend – Are you attending NEAFCS for the first time? Two stipends are available. Contact the committee chair if you would like to apply.

Friend of Extension – we honor a group or person who has made significant contributions to Extension Family and Consumers Science programs across the state or in any one county or district. If you would like to nominate a group or individual please do so by September 15, 2019.

Any additional questions feel free to contact me at – 620-784-5337 or [ludwigk@ksu.edu](mailto:ludwigk@ksu.edu)

Submitted by: Kylie Ludwig

## **Vice -President for Public Affairs**

Eleven impact reports were submitted to NEAFCS. Please see the President's story to see which submissions were featured. I appreciate everyone's help in getting me data on programming.

Submitted by Erin Tynon

## **Northwest Update**

The Northwest FCS Team met on December 13 and 14th for our Winter Retreat. We gathered at the Mt. Sunflower Bed and Breakfast in Sharon Springs for fellowship and professional development. Thank you to Melinda Daily for hosting! Our professional development focus was "Finding an Authentic Connection with One's Self and Others". We also enjoyed making ornaments, a gift exchange, and a tasty potluck. Additionally, the retreat provides an opportunity to reconnect with retired team members from our area. In honor of Mary Doris Schroeder's many contributions to KSRE throughout her career and lifetime, we contributed a memorial to the Meadowlark Foundation's Good Samaritan Fund in Manhattan, where she was living at the time of her passing.

As the new year approached, we welcomed JoEllyn Argabright into her new role as the Northwest Region's Family and Consumer Science Specialist. We gathered for an Agent Programming Meeting on March 15<sup>th</sup> in WaKeeney. Those in attendance were able to focus on regional programming efforts as well as gain some professional development tips related to "Promoting Positive Workplace Ergonomics".

Submitted by, Nora Rhoades

## **Northeast Update**

The Northeast and Southeast Area agents gathered together in Lawrence on December 12 and 13 for a day and a half of professional development and program sharing. See the Southeast Area Counselor Update for more information.

This year the Northeast area is responsible for the newsletter and nominating.

Submitted by, Susan Fangman

## **SE Area Counselor Update**

The Southeast Area combined its winter program day with our northeast colleagues, meeting at the Douglas County Extension Office. December 12 featured a stress management and mindfulness session led by Marty Reed, RN and ending with yoga led by Chelsi Myer. December 13 featured a "Health Puzzle Challenge" team building activity, program sharing and networking with FCS Specialists and State Program Associate Director. The FCS colleagues enjoyed networking with additional colleagues from the eastern side of Kansas.

Several southeast FCS units received 2019 Culture of Health grants. They include: Cherokee, Cowley, Greenwood, Lyon, Marais des Cygnes, Marion, and Wildcat.

The SE Area FCS/4-H will be responsible for hosting the State Fair 4-H Youth Fashion Revue and Judging on September 14, 2019. Becky Reid, Rhonda Gordon, Anne Pitts, and Rebecca McFarland are providing leadership.

Submitted by, Becky Reid

## **Webmaster Update**

Visit the KEAFCS webpage to access forms, reports and the photo directory. A new addition is links with resources for the area responsibilities for Fashion Revue, Newsletter/Nominating, Annual Report and Friendship Night. Find it here: [https://www.ksre.k-state.edu/agent\\_association/family-consumer-sciences/officers-committees/index.html](https://www.ksre.k-state.edu/agent_association/family-consumer-sciences/officers-committees/index.html)

Submitted by, Becky Reid



www.neafcs.org

The National Extension Association of Family and Consumer Sciences (NEAFCS) educates and recognizes Extension professionals who impact the quality of life for individuals, families and communities.



**NETWORK, GROW, SUCCEED!**

#### THE NEAFCS CREED

As an Extension educator my prime concern is people. I believe it is my responsibility to give the best of my ability and develop myself to be an effective educator. I accept the opportunity to empower individuals, families, and communities to meet their needs and goals through a learning partnership. May I always be willing to accept the challenges of the changing times.

National Extension Association of Family & Consumer Sciences

## MEMBERS GET MORE! VALUE ON INVESTMENT



Visit [www.neafcs.org](http://www.neafcs.org) to learn more and join today!