FAMILY AND CONSUMER SCIENCES RESOURCE PROFILE

RESOURCE NAME: Relationships Matter: You and Social Capital

DATE LAST REVISED: 8/2011

BRIEF DESCRIPTION:

A community where residents enjoy well developed interpersonal relationships is said to have better health outcomes, have lower crime rates, and more unity in business dealings. A person who has well-developed friendships and active community involvement is said to have high social capital. That high social capital not only contributes to the well-being of the individual, it also contributes to the overall health of his or her living environment, because it affects others.

Residential communities that have well connected individuals are said to be better places to live and play and are said to be high in social capital. This lesson will touch on social capital as a frame work for social interaction. However, the main focus will center on interpersonal relationships and how they matter for optimal quality of life.

PROGRAM FOCUS TEAMS:

Adult Development and Aging Community Development

x

x

Crop Production Family Development

x

Family Resource Management Farm Management

Horticulture Livestock Production

Natural Resources Nutrition, Food Safety and Health

Youth Development

LEVEL OF OUTCOME EXPECTED:

Short-Term (Knowledge) Medium-Term (Behavior) Long-Term (Impact)

x

x

x

NEXT TIME TRAINING IS AVAILABLE:

Upon Request

AGENT TRAINING LEVEL:

Basic Intermediate Advanced

x

x

x

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AVAILABILITY OF RESOURCE (include publication number, if applicable):

MF2992m MF2993