# September 2012



#### **KEAFCS** Officers

President– Linda Beech President Elect– Nancy Honig Past President–

Kathy McEwan

Secretary– Cindy Evans

Treasurer– Belinda Oldham

VP of Awards & Recognition– Robin Eubank

VP of Member Resources– Christine McPheter

VP of Public Relations and Marketing– Tara Solomon

VP of Professional Development– Ethel Schneweis

#### Inside:

- Officer Nominee
   Bios
- Dates to Remember
- President's Message
- Thanks to KS
   Wheat Commission
- Member Benefit: SCHOLARSHIPS!
- Save the Date: 2013 UAC





# KEAFCS Elections

Please read through this newsletter. It is filled with information regarding the candidates for KEAFCS Board Members. Elections are taking place by electronic ballot, via the AXIO Survey System. You have received a separate email with a web link for voting. Please make your selections by October 5th. This will allow the election to be completed prior to KSRE Annual Conference so the officers can transition records, materials, etc. during Annual Conference week.

### President Elect Cindy Evans, Shawnee County

Cindy Evans is a candidate for KEAFCS President-Elect. Cindy has a Bachelor's Degree from Fort Hays State University and a Master's Degree from Kansas State University, both in Home Economics Education. She was a high school home economics teacher before joining K-State Research & Extension in Shawnee County in 1990. Cindy has served in several leadership roles including: state president for the Kansas Association of Teachers of Family & Consumer

Sciences (KATFACS), state president of the Kansas Nutrition Council and local president of the Topeka Association of Family & Consumer Sciences. Cindy has received the Builder Award from K-State Research & Extension as well as the Team Award and the Mentor Award. She was the 2001 national winner of the Extension Family & Consumer Sciences Educator award given by the Home Baking Association. Cindy has served KEAFCS as chairperson for the Scholarship



Committee in 2006, Northeast Area Counselor from 2007 to 2009 and as KEAFCS Secretary since 2009. Cindy has enjoyed the experience on the KEAFCS board the past few years and would be honored to serve the association as President-Elect.

## Vice President for Member Resources Deanna Sweat, Post Rock District– Mankato

Deanna Sweat is a candidate for KEAFCS Vice President of Member Resources. She is a graduate of Kansas State University with a B.S. degree in Family and Consumer Sciences. She has been a Family and Consumer Sciences Agent for K-State Research and Extension for 24 years, starting as an agent in Jewell County. She is currently part of the Post Rock Extension District with offices in Mankato and Smith Center. Deanna enjoys her responsibilities as a family life educator. She is her district's FCE advisor and serves on the KAFCE advisory board.



# Vice President for Public Affairs Diane Nielson, Atchison County

Diane Nielson is a candidate for Vice President of Public Affairs. She is the Family and Consumer Science agent in Atchison County. Diane began her extension career in Greeley County in 1984; moving to Atchison County in 1989. Current program efforts focus on nutrition, health and food safety and positive youth development. Diane has been actively involved in KEAFCS serving on numerous state and national committees and was association president in 2003. In addition to attending several national meetings during her

career, Diane has been a presenter at the 2010, 2011 and 2012 KEAFCS annual sessions. In 2010, she served as president Kansas Extension Agents Association. Diane appreciates being a part of KEAFCS because of the KEAFCS has provided many professional development opportunities it has offered during her career as well the opportunities it provided for friendship across the state and nation.



Plan to attend the **KEAFCS Fall Business Meeting** @ KSRE Annual Conference. Tuesday, **October 16** from **2-4 p.m.** 

"We cannot do great things unless we're willing to do the small things that make up the sum of greatness."

> - Theodore Roosevelt

### *Treasurer* Sheryl Carson, Kearney County

Sheryl Carson is a candidate for KEAFCS Treasurer. She has been a FCS Agent for K-State Research and Extension for two full years. Previously, she was a FCS/4-H Extension Educator for the University of Nebraska Cooperative Extension in the Panhandle Research and Extension District, analogous to the SW Research and Extension Area in Kansas for ten years. (The word district means something entirely

different in the two States.) Sheryl came to Kansas with a Bachelor of Science in Education degree with majors in Vocational Home Economics, Biology, and Art. She has a Master of Science in Education. Also, she has 15 years of teaching experience with high school and middle school children. She choose to be active in KEAFCS because it is a great way to get to know more colleagues across

Kansas which, also, increases the opportunity to build networks and to learn how the organization functions. Last year Sheryl was in charge of the KEAFCS Annual Report. This year she is 'throwing in the hat' for the treasurer position. The locale of our current treasurer, my county neighbor, will make the transition smooth.



## SE Area Counselor Barbara Ames, Wildcat District– Independence

Barbara Ames is a candidate for KEAFCS SE Area Counselor. She is a graduate of Pittsburg State University with a B.S. degree in Family and Consumer Sciences. She has been a Family and **Consumer Sciences Agent** for K-State Research and Extension for the past 8 1/2 years, and is currently part of the Wildcat Extension District working out of the Independence, Kansas office.

Barbara stays very busy helping clients learn to make healthy food choices since the main focus of her programming involves nutrition, health, and food safety. She enjoys the variety of her job and the opportunity to meet and work with many great people. Barbara has been the author of several of our K-State FCS Fact Sheets and Leader Guides.



#### Dates to Remember:

- October 3 & 4, FNP Update, Manhattan
- October 16, KEAFCS Fall Business Meeting, 2-4 p.m., KSU
- October 16-18, KSRE Annual Conference, Manhattan
- September 16-20, 2013, Galaxy Conference, Pittsburgh PA

# SW Area Counselor Andrea Wood, Kingman County

Andrea Wood is a candidate for KEAFCS SW Area Counselor. She is a graduate of Oklahoma State University with a degree in Family Relations and Child Development. She began her extension career in July 2001, in Edwards County. In 2011 she transferred to Kingman County. Andrea has served the last two

years as SW Area Counselor and enjoyed it. A highlight of her KEAFCS membership was attending NEAFCS in Albuquerque, NM last year. Learning about programs that agents from across the country are doing was great! She encourages all agents to attend a National meeting if they have the opportunity.



# President's Message - submitted by Linda Beech, KEAFCS President

# THANKS! Many thanks to the

Many thanks to the Kansas Wheat Commission for their donation of two *Kansas Gold* books for the NEAFCS silent auction and these items for the hospitality table at the national conference:

- 100- 2012 Recipe Books
- 100- Kansas Wheat State lapel pins
- 100- Kansas Wheat State postcards with wheat sample

- "Ask and ye shall receive!" That is certainly the response I got when I asked you to share photos of Kansas Extension FCS agents in action. I received 30 photos which I have forwarded to the national president-elect for a slide show during the Awards Banquet at the NEAFCS national conference. Kansas will be well-represented on the national scene! Thanks to all who responded to my request in such a timely fashion. - Speaking of national conference, your voting delegates for the national business meeting will be Nancy Honig, Belinda Oldham and myself.

Many thanks to presidentelect Nancy for making arrangements for States Night Out and recognition of our Kansas award winners.

- Many of you were at August FCS Update to hear Paula Peters state her support for Kansas FCS agents to be presenters at national conferences. She reminded the group that she offers \$500 to agents who present a session at NEAFCS or other national professional conferences. (KEAFCS also offers a small stipend to members who present at NEAFCS, although not as substantial as Paula's offer!) You are all doing

great things, so this extra financial support is a wonderful incentive to step up and share your Kansas experiences! Keep this offer in mind for future conferences, and check with Paula for details.

- This year is quickly winding down and soon it will be time to renew your KEAFCS membership at Annual Conference. Plan to pay your annual dues to our treasurer to take advantage of the unique professional development and networking opportunities offered by KEAFCS!

Thanks for a great year!

# KEAFCS Member Benefit: SCHOLARSHIPS

Two scholarship opportunities exist for KEAFCS members who are pursuing graduate study or for attending professional trainings or workshops. Applications for both can be found on the KEAFCS website, http://www.ksre.ksu.edu/agent\_association/p.aspx?tabid=120. Neither scholarship has been awarded for the 2012 year, so the deadline for both has been extended to Nov 1. The application deadline for 2013 awards is Jan 15.

### Kansas County Extension Home Economics

Scholarships (aka Elinor Anderson Scholarship), \$800 Qualifications

- Must have a minimum of 1 year in Extension work and be a member of KEAFCS.
- Expected to work 1 year after using scholarship.
- Expected to give a brief report to KEAFCS members on how funds were used.
- Funds must be used for credit courses taken at KSU.

#### Guidelines for Distribution

- \$400 for graduate study.
- \$400 for workshops, short courses, or internet classes for graduate credit. To be divided not more than 4 ways.
- Total amount (\$800) may be awarded to one applicant, but not more than \$600 in one calendar year per person.
- May receive funds more than one year. Applicants not having received funds will be given preference.

# Save the Date! 2013 UAC

The 2013 United Associations Conference will be held March 7 and 8 at the Sedgwick County Extension Education Center in Wichita. The theme for the 2013 conference will be "Passport to Excellence". The conference committee is working on having 3-4 program tracks for attendees to select from. Suggested tracks at this time are:

 Foods/Nutrition/ Health/Wellness

- Healthy Families and Communities
- Developing a Professional Individual. If you have ideas for breakout sessions please contact me. The United Association Conference (UAC) United Associations Conference is a professional development opportunity for professionals working with families in Kansas. It includes the professional organizations of four

KEAFCS Scholarship, \$150

- <u>Qualifications</u>Must have a minimum of 2 years in Extension
- work and be a member of KEAFCS.Expected to work 1 year after using scholarship.
- Expected to work 1 year after using scholarsing
  Expected to give a brief report to KEAFCS
- members on how funds were used.
- Funds may be used for professional workshops, trainings, or college credit.

#### Guidelines for Distribution

- \$150 may be divided among recipients.
- May receive funds more than one year. Applicants not having received funds will be given preference.

Please keep these member benefits in mind as you plan your professional development and graduate classes for the coming year.

state organizations: KS Association of Family and Consumer Sciences, KS Association of Teachers of Family and Consumer Sciences, KS Extension Association of Family and Consumer Sciences, and KS Extension Epsilon Sigma Phi. Conference details and Registration for the conference will be available at a later date. KEAFCS once again has the committee responsibility for

meals and refreshments, so helpers will be appreciated. KEAFCS will be having a general Meeting on Friday, March 8 during the conference. Mark your calendars now to attend. For more information you can contact Ethel Schneweis, VP Professional Development, eschnewe@ksu.edu or call 620-227-4542.