To: Epsilon Sigma Phi Members

In a blog message from Kevin Eikenberry, he shared the following: There are many reasons we procrastinate - we wait for "the right time."

We have common phrases for it – we wait "for the stars to align," to "get all of our ducks in a row," or "until we get our brains in gear." It sounds good. It seems to make sense. But beyond the justifications, it is just waiting. Conditions might improve, but it might take a long time. Why not just get started.

The time is now to wait no longer; each of you has a co-worker, team member, mentor or friend who is deserving of recognition for a successful extension program, their outstanding leadership and service. I hope each of you will nominate someone for a 2013 Alpha Rho Chapter award. For a list of current awards and a nomination form please link to: <a href="http://bit.ly/ZP3tCt">http://bit.ly/ZP3tCt</a>

## The time is right, the deadline is August 15<sup>th</sup>.

I am pleased to report that as of August 1, there are 41 Alpha Rho Chapter ESP members who have registered for the Galaxy IV Conference in Pittsburgh, PA. You should have received an email message from me about a State's Night Out event on September 17. If you are attending Galaxy and did not receive a message and are interested in participating in the State's Night Out event, please contact me.

The K-State Research and Extension Annual Conference will be here before you know it. This year's conference is October 22-24, 2013. The conference theme is "Celebrating Generations of Success 1863-2013." Please plan to attend the Alpha Rho Chapter business meeting scheduled for Tuesday October 22, 11:45 a.m. –1 p.m. A schedule for the KSRE Annual Conference is available at <a href="http://bit.ly/198iK4p">http://bit.ly/198iK4p</a>

I hope you read the KSRE August 6 Tuesday Newsletter message from Daryl Buchholz. I appreciated his words of encouragement and support for professional association membership, especially Epsilon Sigma Phi. If you missed it you can find it at: <a href="http://bit.ly/19gTFaR">http://bit.ly/19gTFaR</a> Daryl is also being recognized as the 2013 Epsilon Sigma Phi Ruby Award Winner on the national website: <a href="http://www.espnational.org/">www.espnational.org/</a>

## Quote of the month:

"Strength and growth come only through continuous effort and struggle. Don't wait. The time will never be just right"- Napoleon Hill

Gayle Price,

President, Alpha Rho Chapter