

Family and Child Development

Strengthening Families 7-17

This evidenced-based program focuses on building family strengths in the areas of bonding (spending quality positive time together), boundaries (recognizing the roles of each family member and the boundaries that apply for positive family relationships), and monitoring (the importance of parents monitoring their child(ren)s activities and related communication while verifying the information they are provided). The identified outcomes of the program include: a) reduce problem behaviors, delinquency, and alcohol and drug abuse in children, and to improve social competencies and school performance.

Together We Can

TWC (Together We Can) prepares single parents and designated caregivers (e.g., foster parents) to set goals to promote and create a healthy future for their children and children in their community. It helps with this by supporting community-based response to the stress associated with poverty, helps not only older parents but teen parents/couples and is there for co-parents as well to help them learn to work together.

Better Brains for Babies

The, evidenced-based, Better Brains for Babies initiative and curriculum functions to improve the potential of young children by promoting the use of early brain development research in everyday life experiences. Better Brains for Babies is a collaboration of national, state and local, public and private organizations dedicated to promoting awareness and education about the importance of early brain development in the healthy growth and development of infants and young children.

Safe Dates

A research based curriculum for youth to learn about dating and when dating can turn to abuse. Main goals of the lessons are to teach youth about what abuse is, how to help friends, how to help themselves, have to have healthy relationships, anger management and conflict resolution.

Relationships Smart PLUS 4.0

Relationships Smarts PLUS 4.0 is an evidence-based relationship skills curriculum for adolescents 12-16 years of age. The curriculum addresses positive youth development, life skills, healthy relationships, dating violence and pregnancy prevention. Relationship Smarts PLUS builds assets and strengthens protective factors to empower youth with skills needed to form and maintain healthy relationships, make wise sexual choices and work towards their goals.

For more information about Child and Family Development Educational Programs, contact:

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