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2023 Annual Lesson Series Order Form

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QUANTITY	ITEM NUMBER	DESCRIPTION	PRICE
		The prices of the Annual Lesson Series fact sheets are based on large-quantity printing. Order by June 17, 2022, to get the pre-press price. After the initial print run is sold, these will become print-on-demand titles and the fact sheet prices will increase.	
	MF3598	**Men's Health Guide -- Cancer: Early Detection and Screening, Fact Sheet.** Holly Miner. This guide gives practical advice to help men defend against three types of cancer: prostate, colorectal, and testicular. It provides a description of each cancer, risk factors and symptoms associated with each type of cancer, techniques to reduce risk, and tests for early cancer detection. 4 pages, color	$1.10
	MF3599	**Men's Health Guide -- Cancer: Early Detection and Screening, Leader's Guide.** Holly Miner. This leader's guide includes suggestions for presenting the lesson about early cancer detection, community activities, and an evaluation. 4 pages, b/w	$0.40
	MF3602	**Healthy Body, Healthy Mind, Fact Sheet.** Sharolyn Flaming Jackson and Lori Wuellner. A healthy diet affects not only your body, but your brain as well. This fact sheet outlines several ways to protect the health of your body and brain through diet, exercise, and stress management. 8 pages, color	$1.30
	MF3603	**Healthy Body, Healthy Mind, Leader's Guide.** Sharolyn Flaming Jackson and Lori Wuellner. This leader's guide includes suggestions for presenting the lesson about ways to maintain physical and brain health, community activities, and an evaluation. 4 pages, b/w	$0.40
	MF3604	**Men's Health Guide -- Arthritis: Four Common Conditions, Fact Sheet.** Holly Miner. This guide gives practical information to help men understand and defend against various types of arthritis. It provides a description of the four major types of arthritis, risk factors, diagnosis, and includes a healthy dietary pattern for arthritis. 4 pages, color	$1.10
	MF3605	**Men's Health Guide -- Arthritis: Four Common Conditions, Leader's Guide.** Holly Miner. This leader's guide includes suggestions for presenting the lesson about arthritis and related conditions, community activities, and an evaluation. 4 pages, b/w	$0.40